



GROUPWORK FOR CHILDREN AND PARENTS

# WHO HAVE EXPERIENCED DOMESTIC ABUSE



## Freedom for children

A programme to suit children of primary school age (5 – 11) who have been exposed to male violence within their home.

The group aims are to enable children to identify and name abusive and non-abusive behaviours and therefore recognize the difference between the two.

This allows children to gain an understanding of what underpins a healthy relationship, how behaviour choices affect others and most importantly the understanding that the violence is not their fault.

**The group runs over 8 weeks with sessions lasting 1 hour.**

**How can I find out more and where do I book?**

For further information, please contact:

**email:** [infoendas-org.co.uk](mailto:infoendas-org.co.uk) **tel:** 0300 0120154

[WWW.NDAS.CO](http://WWW.NDAS.CO)



**Northamptonshire  
Domestic Abuse Service**

