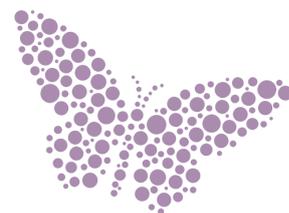
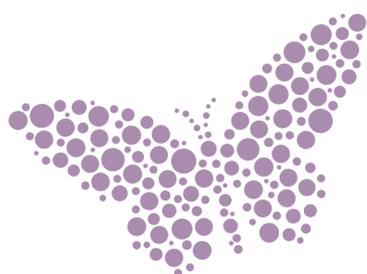


# TRAINING BROCHURE 2025



Helping us To make a Difference



Charity Nr: 1070741 | Keep House, 124 High St, Wollaston, NN29 7RJ  
training@ndas-org.co.uk | 0300 0120154 | www.ndas.co

# About us

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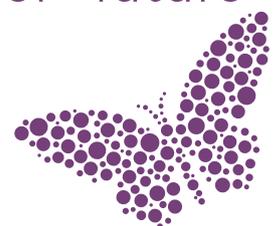


Northamptonshire Domestic Abuse Service (NDAS) began under the name of Northampton Women's Aid in 1976. Originally staffed by volunteers, the organisation has changed a great deal since then but has always been dedicated to helping and supporting the victims of domestic abuse.

Our experience and statistics tell us that women are the main victims of domestic abuse. Much of the work we do is supporting women. However, this is not inclusive. We have helped and continue to support victims and survivors from all genders and walks of life, covering all ethnicities, socio-economic statuses, sexual orientations and religions.

## Our vision and values

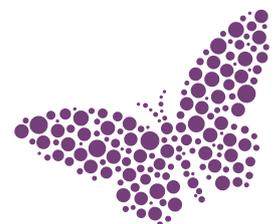
NDAS is committed to saving lives, reclaiming lives and improving the lives of individuals and families who are affected by domestic abuse. We believe that everyone, adults and children, has the right to live in a safe environment that allows them to thrive, realise their potential and develop at their own pace. We want to prevent, reduce and minimise the harm inflicted by domestic abuse and help families be happy, healthy and resilient; and for future generations be free from abuse and fear.

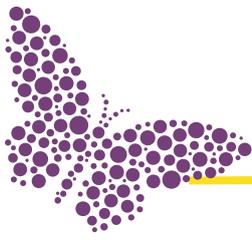


# NDAS TRAINING PACKAGES

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- **Domestic Abuse Awareness** *(CPD accredited)*  
*(6 hours, can be split across 2 days if virtual)*
- **The Impact of Domestic Abuse on Children and Young People** *(CPD accredited)*  
*(6 hours, can be split across 2 days if virtual)*
- **Honour Based Abuse**  
*(6 hours, can be split across 2 days if virtual)*
- **Domestic Abuse Awareness and the Impact on Children**  
*(6 hours or can be delivered as separate training sessions at 3 hours each)*
- **Talks and services presentation**  
*(20 minutes- up to 1 hour)*
- **NDAS at Work**
- **Bespoke courses**





# DOMESTIC ABUSE AWARENESS

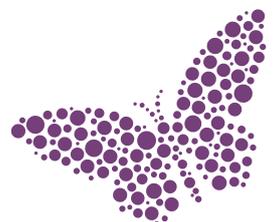
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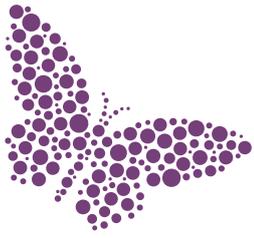
This course includes:

- Knowledge on what domestic abuse is
- Awareness of the extent of this
- What impact it may have on victims and children
- The best response and who can help.
- Honour-based abuse
- Introduction to the MARAC process
- DASH risk assessments
- Safety planning ... *and more*

This course is suitable for any professional that works with victim/survivors of domestic abuse. This course has Continuing Professional Development (CPD) accreditation.

Delivered virtually or in person.  
6 hours of delivery.





# THE IMPACT OF DOMESTIC ABUSE ON CHILDREN & YOUNG PEOPLE

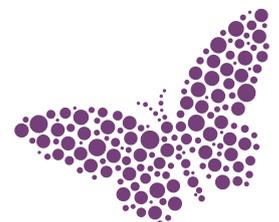
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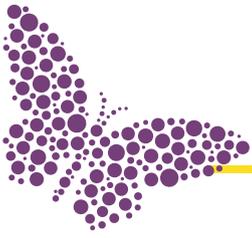
This course Includes:

- What is Domestic Abuse?
- Effects Domestic Abuse may have on Children and young people
- What might you see?
- Extra-Familial Harm
- Ways to work with Children and Young People who may have experienced Domestic Abuse
- Local and National services
- High Risk Red Flags... *and more*

This course is suitable for professionals supporting children and young people. This course has Continuing Professional Development (CPD) accreditation.

Delivered virtually OR in person.  
6 hours of delivery.





# HONOUR BASED ABUSE

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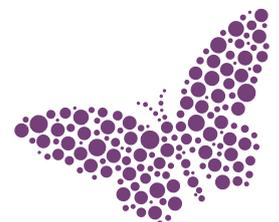
This course Includes:

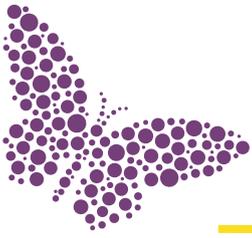
- What is Honour-Based Abuse (HBA)?
- Honour Crimes & Warning Signs
- Best Practice for Professionals
- Female Genital Mutilation (FGM) Awareness
- Forced Marriage Awareness
- Spiritual & Ritualistic Abuse,
- LGBTQ+ Abuse
- Acid Attacks... *and more*

The course includes case studies, interactive activities, videos, and audience participation to enhance learning.

This course is suitable for professionals only.

Delivered virtually or in person.  
6 hours of delivery.





# DOMESTIC ABUSE AWARENESS AND THE IMPACT ON CHILDREN

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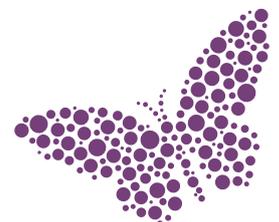
This course includes:

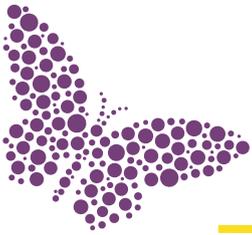
- What is Domestic Abuse?
- Effects
- Extra-Familial Harm
- Ways to work with young survivors
- High Risk Red Flags/warning signs
- Survivor's stories
- An overview of Honour Based abuse
- Understanding best practice in responding to domestic abuse
- Having an overview of the multi-agency work on domestic abuse in Northamptonshire

*...And more*

This course is suitable for professionals who would like an introduction into domestic abuse. This course can be split into two 3 hour sessions

*Delivered virtually OR IN PERSON.  
6 hours of delivery.*





# TALKS AND GUEST SPEAKERS

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We offer a 20 minute free talk about NDAS and the services we offer. This is suitable to organisations and professionals wishing to know more about our service.

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We also offer an extended services talk (up to 1 hour) which includes:

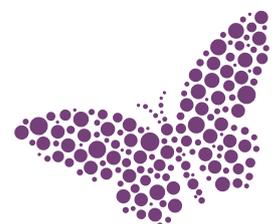
- Our services presentation
- Type of domestic abuse,
- Warning signs
- Coercive control
- Why people stay in abusive relationships
- Best practice for professionals... *and more*

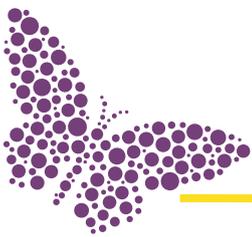
*There is a fee for this talk*

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## *Guest Speaker*

*NDAS can attend team meetings, community groups, schools, and so many more places to speak about our services. Our guest speaker fee for the above talk is minimal and can be discussed. Please contact [training@ndas-org.co.uk](mailto:training@ndas-org.co.uk)*





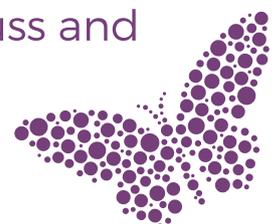
# NDAS AT WORK

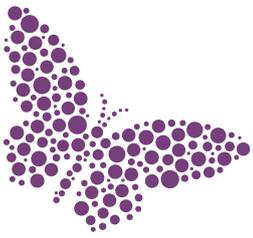


Everyone has the right to feel safe in their place of work, however for many this is not the case. Two women each week and one man each month are killed in England and Wales by a current or former partner. These people could be a part of your work force. NDAS at Work is an annual package of support which is offered in tiers of gold, silver and bronze packages.

Consultancy review of business requirements	✓	✓	✓
Use of NDAS logo on company website/social media, along with your organisation's logo on NDAS website	✓	✓	✓
DA Policy (review or implementation) and expert advice on how to embed in your organisation	✓	✓	✓
Helpline for Managers/HR staff to access specific support/advice for staff members	✓	✓	✗
Annual Training programme/refresher for HR/Line Managers	Max of 30	Max of 15	Max of 5
Drop-in services for employees	1 per fortnight	1 per month	✗
Attendance at internal awareness raising events/staff meetings	3 per year	1 per year	✗
Provision of promotional materials to use on site, updated annually	✓	✓	✗

Please contact [training@ndas-org.co.uk](mailto:training@ndas-org.co.uk) to discuss and receive a quote





# BESPOKE TRAINING

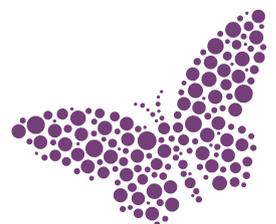
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We provide a range of courses designed to increase professional's understanding of domestic abuse and how best to offer support to families.

Our courses can be tailored to create a bespoke course, suited to the needs of your organisation. We deliver our training courses between the hours of 10am - 4pm. Evening talks and training are available upon discussion.

Our courses can all be delivered virtually, or in person on your own premises  
Fees apply.

For enquiries on group bookings, price enquiries or bespoke training, please email us on: [training@ndas-org.co.uk](mailto:training@ndas-org.co.uk)  
For more information and other services please visit [www.ndas.co](http://www.ndas.co)



# Northamptonshire Domestic Abuse Service



PLEASE VISIT OUR WEBSITE FOR  
UPDATES OR CONTACT US  
FOR A QUOTE

[training@ndas-org.co.uk](mailto:training@ndas-org.co.uk)



Call us now:  
0300 0120 154



[www.ndas.co/](http://www.ndas.co/)

