



OUTREACH SUPPORT PROGRAMMES

FOR ADULTS AND CHILDREN

These programmes are tailored to the individual. We aim to help clients understand more about domestic abuse and the impact it has had on them.



Adult Outreach support

- Victim of current or historical domestic abuse
- Agreed to engage in weekly support sessions
- Has support needs around 3 or more of the following areas:
Understanding Domestic abuse and the impact, Safety, Accommodation, Support Networks, Legal issues, Health and Wellbeing, Finances, Children, Empowerment and Self esteem

What happens next...

- Professionals will need to complete a referral form located on www.ndas.co/professionals/
- Self referrals can be made by calling 0300 0120154 or emailing advice@ndas-org.co.uk
- Your referral will be passed to one of our Support Workers for assessment. We will be in contact within 10 working days to confirm acceptance to the support programme.
- When we are at capacity we will be operating a waiting list

Children Outreach support

- Must be between 5 and 17 years old
- No longer living with the perpetrator
- Parent/carer must be, or has previously been receiving professional support around DA.
- Has support needs around 3 or more of the following areas:
understanding they are not to blame, healthy relationships, support networks, staying safe, building confidence.

**All sessions are 1 hour per week.
Children's work is generally held
at their school.**



For further information, please contact:

email: advice@ndas-org.co.uk tel: 0300 0120 154

**Northamptonshire
Domestic Abuse Service**





GROUPWORK FOR CHILDREN AND PARENTS

Escape the trap

Escape The TRAP is a programme specifically designed to help young people recognise and protect themselves from teenage relationship abuse. For ages 12 – 16 years old.

Young people will explore the dynamics of power and control within relationships.

The group runs for 1.5 hours per week for 8 weeks.

Who's in charge?

A child to parent violence programme aimed at parents whose children are being abusive or violent to them or appear out of parental control.

Part 1 – Aims to change parental attitude and reduce blame, guilt and shame.

Part 2 – Explores the use of consequences to change unwanted behaviour and empower the parent.

Part 3 – Supports parents to make changes within the home alongside advanced topics such as anger, assertiveness and self-care.

The group runs over 9 weeks with sessions lasting 2.5 hours and a follow up after 2 months.

How can I find out more and where do I book?

For further information, please contact:

email: info@endas-org.co.uk tel: 0300 0120154



WWW.NDAS.CO

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