



# DOMESTIC ABUSE RECOVERY TOOLKIT

TAILORED TO MEET THE NEEDS OF BLACK AND  
BROWN FEMALE VICTIMS OF DOMESTIC ABUSE

- This programme is tailored specifically for black and brown female victims of domestic abuse.
- Delivered in partnership with Creating Equalz, the course helps women understand, challenge and help remove the voice of the perpetrator and take away feelings of guilt.
- You must have left the abusive relationship to participate.

**The group runs over 12 weeks with sessions lasting 90 minutes.**

This course is on Mondays 10-11:30am via Zoom  
For enquiries please email [advice@endas-org.co.uk](mailto:advice@endas-org.co.uk) or  
[hello@creatingequalz.co.uk](mailto:hello@creatingequalz.co.uk)  
You can also call 0300 0120 154

