

GROUPWORK PROGRAMMES FOR ADULTS



VOICE (VICTIMS OF INTIMATE COERCIVE EXPERIENCE)

10 week programme for male or female victims of domestic abuse

Aims of the programme:

- To deepen understanding of intimate partner relationship abuse
- Develop insight into barriers victim survivors face when seeking help
- Explore the context of abusive behaviour both in situ and post separation
- Improved knowledge and understanding of the impact of trauma
- Develop understanding and practice of self-care

VIRTUAL AND IN PERSON COURSES AVAILABLE

NEXT STEPS...

- Professionals will need to complete a referral form located on www.ndas.co/professionals/
- Self referrals can be made by calling 0300 0120154 or emailing advice@ndas-org.co.uk
- Your referral will be passed to one of our Support Workers for assessment.
- We will be in contact within 10 working days to confirm acceptance to the support programme.

WWW.NDAS.CO/