

Support

Rushden Rushden Centre Wednesdays 12 noon-3pm

Rushden Centre, Newton Road, Rushden Please call Louise on **07912 594253**

Corby Pen Green Children's Centre Last Tues of every month 9am-12

Pen Green Childrens Centre, Pen Green Rd, Corby Please call Amy on **07816 4086220**

Raunds Raunds Community Centre Fortnightly on Thursdays 9.30-11.30am

Raunds Community Centre, High St, Raunds Please call Louise on **07912 594253**

Wellingborough The Daylight Centre Fridays 11.30am-1pm

The Daylight Centre, 10 High St Place, Wborough Please call Louise on **07912 594253**

DROP IN SERVICES

West Northants

NDAS offer free and confidential drop in services throughout Northamptonshire.

You will be given a safe space to have a support session from one of our specialist advisors.

Our advisors can offer emotional support, practical advice and signposting.

Contact Us

0300 0120 154

www.ndas.co/ advice@ndas-org.co.uk