



GROUPWORK FOR CHILDREN AND PARENTS

# WHO HAVE EXPERIENCED DOMESTIC ABUSE



## Who's in charge?

A child to parent violence programme aimed at parents whose children are being abusive or violent to them or appear out of parental control.

**Part 1** – Aims to change parental attitude and reduce blame, guilt and shame.

**Part 2** – Explores the use of consequences to change unwanted behaviour and empower the parent.

**Part 3** – Supports parents to make changes within the home alongside advanced topics such as anger, assertiveness and self-care.

**The group runs over 9 weeks with sessions lasting 2.5 hours and a follow up after 2 months.**



[WWW.NDAS.CO](http://WWW.NDAS.CO)

**How can I find out more and where do I book?**

For further information, please contact:

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